

## A chance to change the future

As 2012 dawns, how is your future looking? If you're aged 16-25, have left education and are out of work, chances are things aren't looking too rosy. But the next few weeks could change all that.

Guildford YMCA is about to run another Prince's Trust Team in the Reigate area. The last one saw 11 young people complete the free 12 week course in late November. They justifiably felt proud of their achievement. The Team leaders, youth workers from Guildford YMCA, threw challenges at them constantly, stretching their abilities and expectations beyond what they thought possible. All this resulted in young people who had grown in confidence, developed their CVs, gained qualifications and found new direction.



*The last Team on completion of their community project*

Guildford YMCA is proud of the fact that 83% of those that complete a Team go on to find further training or employment - the Prince's Trust notes this is well above the national average. And the Team leaders offer support beyond the 12 week course if it is needed. The aim is to help young people build a future, and that isn't going to happen overnight, but with time, encouragement and the right amount of challenge, it does happen.

The new course will be based again at Reigate Baptist Church, and starts on Monday 6 February. It will feature a residential week on Dartmoor, a community project or two and a fortnight of work experience. If you want to be a part of something life changing, or know a young person who would benefit, do call Cassie on 01483 888122 for more information or visit [www.plantationcafe.org.uk/princes-trust](http://www.plantationcafe.org.uk/princes-trust)